LaRC SAFETY HIGHLIGHTS

December 2, 2002



 $(\)=Number\ of\ new\ occurrences$

OSHA Recordable Cases = Fatalities, Lost Time, Incidents and Restricted Work Incidents. Incidents = Cases in which more than first aid treatment is required, but less than 8 hours of time is lost. Restricted Work Incidents = Cases requiring first aid treatment, resulting in light duty restrictions.

Injury/Mishap Information

- The Center has been **181** days without a Civil Servant Lost Time Injury. (Record 251 Days)
- OSHA Recordable Incident While exiting a car, a SEC employee sustained a sprained ankle after stepping in a small hole. The hole has since been repaired.
- The following first aid case involving a Civil Servant was reported.
 - An AAAC employee sustained a laceration to the forehead while retrieving material from a dumpster.



Safety Topic of the Month - Cold Stress - Hypothermia is a dangerous lowering of the body's core temperature because the body is losing heat faster than it can produce it. This condition occurs when the person is exposed to wet, cold, and windy conditions without shelter or when wearing wet or inadequate clothing. Prevent hypothermia by wearing adequate clothing. Dress in layers so you can add or remove clothing as conditions change. Wear a hat and keep your gloves and socks dry. It is important to avoid getting sweaty because this can also lead to chills and hypothermia.



Weekly Video Schedule - December 2-6, 2003 - Stairways and Ladders; Holiday Safety; Incident Prevention; Looking Out for # 1; and Accidents Don't Have to Happen. (Contact Chip Quinn, 48743)

